

RI PRESIDENT CARL-WILHELM'S VISIT TO CHINA 20-23 MAY 2006

The Beijing Program and Guest Information

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I. PROGRAM IN BEIJING

18-22 May 2006

THURSDAY 18 MAY, 2006 – INDIVIDUAL TRAVEL AND TOUR DAY

Optional Tour: Tiananmen Square--Great Hall of the People--Forbidden City—Jing Mountain Park
See more detailed information in the *Tour Descriptions* section of this booklet.

14:00-17:00. Guests will be picked up from Hilton and Kempinski.

RMB ¥250/person

FRIDAY 19 MAY, 2006 – INDIVIDUAL TRAVEL AND TOUR DAY

All tours except for the "Massage, Spa and Relax Day" will be for RMB ¥450/person.

The Massage, Spa and Relax Day's charges vary depending on the services received.

Guests will be picked up from Hilton and Kempinski. See more detailed information in the *Tour Descriptions* section below.

Beijing Duck Dinner and evening Kung Fu Show can be arranged at requests.

- | | |
|--|-------------|
| - Winery Tour | 09:00-17:00 |
| - Hutong Tour By Bike | 10:00-17:00 |
| - Hike on the Great Wall | 08:00-18:00 |
| - Badaling Great Wall and Ming Tombs | 09:30-17:00 |
| - Lama Temple, Olympic Centre, Art Gallery | 10:30-17:00 |
| - Massage, Spa and Relax Day | 14:00-18:00 |

SATURDAY 20 MAY, 2006 – INDIVIDUAL TRAVEL AND TOUR DAY

All tours except for the "Massage, Spa and Relax Day" will be for RMB ¥450/person.

The Massage, Spa and Relax Day's charges vary depending on the services received.

Guests will be picked up from Hilton and Kempinski. See more detailed information in the *Tour Descriptions* section below.

Beijing Duck Dinner and evening Kung Fu Show can be arranged at requests.

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SUNDAY 21 MAY, 2006 – ROTARY EVENTS IN BEIJING

11:30 **Charter Presentation Lunch** of the Rotary Club of Beijing, at the China Club.
With the participation of RI President Carl-Wilhelm Stenhammar

The China Club resides in a former Qing Dynasty princess' palace. Before housing the China Club, the premises were used by the "Sichuan Restaurant", one of Deng Xiaoping's favorite restaurants in Beijing in which Mr. Deng often entertained his guests.

Dress Code: Chinese / National costume.

18:00 **Rotary Gala Evening - Beijing 2006**, at the Kempinski Hotel
With the participation of RI President Carl-Wilhelm Stenhammar.
Dress Code: Black Tie or Chinese / National costume.

PROGRAM IN SHANGHAI

22 – 23 May 2006

See separate invitation from the Rotary Club of Shanghai

Club President Lee Wah Hin, drwhlee@gmail.com

MONDAY 22 MAY, 2006 – ROTARY EVENTS IN SHANGHAI

Morning: Individual travel to Shanghai

17:30 **Charter Presentation Reception** of the Rotary Club of Shanghai
At the Shangri-la Hotel, Pudong, Shanghai.
With the participation of RI President Carl-Wilhelm Stenhammar

19:00 **Rotary Gala Evening - Shanghai 2006**, at the Shangri-la Hotel
With the participation of RI President Carl-Wilhelm Stenhammar
Dress Code: Formal attire / National costume.

TUESDAY, 23 MAY 2006 – SHANGHAI GOLF TOURNAMENT

Golf Tournament organized by the Rotary Club of Shanghai

II. TOUR DESCRIPTIONS

THE AVERAGE BEIJING WEATHER CONDITION (18 – 22 MAY)

Temperature: 13.2°C ~ 26.4°C

Usually the late spring and early summer weather which is sunny and cool, but dry and windy.

EXCHANGE RATE

1 U.S. Dollar is roughly 8 RMB (Renminbi, Chinese local currency).

WINERY TOUR

This trip will lead us out of Beijing to find out how China's booming wine industry is making its wine. Tasting Chinese red wine in a Chinese winery will be a unique experience. On the way to the winery you will also have the opportunity to discover the developing countryside. Lunch will be traditional countryside food with a magnificent view of the winery. In the afternoon, the tour will head to a spa, which is designed in the traditional courtyard style.

Departure: 09:00

Return: 17:00

HUTONG TOUR BY BIKE

Visit the Hutong area with its traditional courtyard-style residences with narrow alleys. Although most of these picturesque streets have been removed and replaced by modern buildings in Beijing, the Hutong area is protected and preserved within the 2nd Ring Road and we will discover this area by bike. The tour will take us along the Forbidden City to Chairman Mao's former residence and an antiques market. Later we head to the Imperial Lake Houhai for a home-made lunch in a traditional family courtyard. In the afternoon we bike to the Drum and Bell Towers, discover the alleys and return to the hotel around 17:00.

Departure: 10:00

Return: 17:00

HIKING ON THE GREAT WALL

At 08:00 you will be picked up at the hotel. Today's goal is an old section called Jiankou Great Wall from where we start our hike. Jiankou is also renowned for its fantastic view and reputed as "photographer's paradise". So don't forget your camera. First we will have to hike about 40 minutes to the Great Wall, and then we hike for 3 hours along the unrestored Great Wall until we arrive on the restored section of the Mutianyu Great Wall. From there it will be another one hour's walk to the final point of this hike. Optionally you can also take the cable car for the descent from the Great Wall to the coach. A lunch pack provided by Kempinski Hotel.

Note: As the walk will be around 5 and a half hours and there is no shortcut, participants need to be in good shape and have good footwear. In addition, this trip is NOT recommended for people with vertigo.

Departure: 08:00

Return: 18:00

BADALING GREAT WALL & MING TOMBS

At 09:30 you will be picked up at the hotel. After a one hour drive, we will reach the Badaling Great Wall Section, which is probably the most famous section in China. In this respect you have to be aware that you won't be alone there. Badaling is ideal because on the way back, you can visit the famous Ming Tombs without too much driving. In addition this trip is absolutely unproblematic for handicapped travelers.

Departure: 09:30
Return: 17:00

LAMA TEMPLE / OLYMPIC CENTER / CONTEMPORARY ART GALLERY

At 10:30 we will meet at the hotel for a trip to Beijing's Lama Temple, the most renowned Buddhist Temple outside of Tibet. After a guided tour through this vast complex, we will head to the north of Beijing where the Olympic Centre is being built. Here you can learn more about the progress, architecture and organization of this mega event. After a delicious lunch we will head to the east of Beijing where we visit the so called "Factory 798". This place has gradually developed to be Beijing's top scene for contemporary Chinese Art.

Departure: 10:30
Return: 17:00

SPA / MASSAGE / BEAUTY TREATMENT

Enjoy a day of relaxation and body treatment. We will head to a spa where you can enjoy half a day of relaxation, massage and different treatments. The service rates vary depending on the service chosen and the length of the service.

Departure: 14:00
Return: 18:00

III. HILTON & KEMPINSKI HOTEL ROOMS DESCRIPTIONS

HILTON HOTEL:

All the room rates plus 15% service charge include one complimentary daily buffet breakfast and additional breakfast is RMB ¥ 152 per person which acknowledge Hilton Honors points and airline miles at the same time.

- Deluxe Room: RMB ¥ 1000/person/night, 30 sqm
Executive Room: RMB ¥ 1300/person/night, 30 sqm
Complimentary daily buffet breakfast at Executive Lounge
Complimentary daily evening cocktails and drinks at Executive Lounge
Free use of Executive Lounge meeting Room for 2 hours
Espresso machine (not just a kettle) in the rooms
Fax/printer/copier/scanner in the room
DVD and LCD TV in the bathroom.
- Junior Suite Room: RMB ¥ 1500/person/night, 50sqm
Including everything that the Executive Room has
Plus a plasma TV in the bedroom
An outside balcony and Bose entertainment system in the room

KEMPINSKI HOTEL:

All the room rates plus 15% service charge include one complimentary daily buffet breakfast and additional breakfast is RMB ¥ 210 per person.

- Superior Room: RMB ¥ 980/person/night, 36sqm
Executive Room: RMB ¥ 1560/person/night, 36sqm
Complimentary daily buffet breakfast at Executive Lounge
Happy cocktail hours 5pm-7pm with varieties of canapés, cakes & drinks
Free use of Executive Lounge meeting Room for 2 hours
Complimentary fresh fruits and flowers upon arrival
Complimentary use Broadband Access
Free local telephone calls
Complimentary use of Pulse Health Club including squash and indoor swimming pool excluding massage, Tennis Court, Solarium & Private Classes

IV. OPTIONAL TRIPS / EXTENSION STAYS

If you plan to combine the Rotary Events with a private China tour, we would be glad to assist in organizing your special China trip. Whether you plan to stay just a few days or want to discover China in several weeks, we can organize anything in China. Below you will find a list of suggestions. If you are interested in an extension stay, please contact Rotarian Christoph Mueller for an individual offer.

CHINA CLASSIC

Travel from Beijing through the former economical heart of China, the Shanxi province, where you will visit sites like the Buddha Caves, the Hanging Monastery, the Buddhist sacred mountain Wutaishan, the old Ming-Dynasty town of Pingyao, and the province capital Taiyuan. Head on to Xi'an to visit the Terracotta Army and then go to either Guangxi or Yunnan province. End the trip in Shanghai (it is also possible to start the trip in Shanghai).

Duration: 1-3 weeks

HIKING IN YUNNAN

As the Charter will take place in May, we can offer an absolutely unique tour to the nature and hiking enthusiasts: Yunnan is one of the most diversified natural areas in the world and boasts a huge range of fauna and especially flora. We take you to places only few tourists visit and can offer you trekking tours along the Tibetan pilgrim routes. Optionally we can organize a 3 weeks trip from Yunnan's capital Kunming to the city of Lassa for the off-road enthusiasts among you. This trip takes you through areas which were opened to western travelers only 2 years ago.

ETHNIC MINORITIES IN SOUTH CHINA

Discover the southwest of China and its ethnic minorities. Stay with local people; learn about the rural life in one of the poorest provinces of China: Guizhou. Visit China's largest waterfall, its largest cave, the famous rice terraces of Guangxi and the unique karst scenery of Guilin.

Duration: 1-3 weeks.

OTHER CHINA TRIPS

Above-mentioned trips are only a small selection of what we can organize in China. If you would like to extend your stay, but none of the above-mentioned trips suits you, just contact Rtn. Christoph Mueller for a tailor-made offer.

Please contact:

Rotarian Christoph Mueller, Beijing

Email: skibeijing@gmail.com

Phone: +86 1352 196 1071

Fax: +86 10 5857 0190

Skype: ch.mue

V. BEIJING-SHANGHAI FLIGHT SCHEDULE

22 MAY BEIJING – SHANGHAI (PUDONG OR HONGQIAO AIRPORT)

We will recommend that if you decide to participate in the Shanghai Program please book the Beijing-Shanghai flight along with your international flights. We will be happy to assist you if you like us to book the Beijing-Shanghai flight for you (please see *the Credit Card Authorization Form*).

PUDONG AIRPORT

60 minutes to Shangri-la Hotel, Pudong

Flight#	Departure	Arrival	Aircraft
CA949 PEK-PVG	08:00	10:00	340
CA1895 PEK-PVG	08:40	10:30	74E
MU5130 PEK-PVG	09:55	12:10	320
MU583 PEK-PVG	11:10	13:10	737
FM9116 PEK-PVG	11:40	13:30	738

HONGQIAO AIRPORT

40 minutes to Shangri-la Hotel, Pudong

Flight#	Departure	Arrival	Aircraft
CA1831 PEK-SHA	07:40	09:50	767
MU5102 PEK-SHA	08:00	09:45	737
FM9110 PEK-SHA	08:10	09:55	757
CA1501 PEK-SHA	08:40	10:30	74E
HU7605 PEK-SHA	08:55	10:50	767
MU5104 PEK-SHA	09:00	11:00	333
CA1519 PEK-SHA	09:30	11:25	767
MU5106 PEK-SHA	10:00	12:00	321
MU5108 PEK-SHA	11:00	13:00	738
FM9108 PEK-SHA	11:10	12:55	767
CA1557 PEK-SHA	11:20	13:20	777
MU5110 PEK-SHA	12:00	14:00	333
MU5112 PEK-SHA	13:00	15:00	738
CA1517 PEK-SHA	13:10	15:05	762
FM9104 PEK-SHA	13:50	15:40	757
CA1521 PEK-SHA	14:00	16:00	777

VI. CHINA TRAVEL TIPS

(The content of this section is provided by WestChina Travel.)

Traveling in China is always an adventure. Quality of Service can range from “top” in selected 5* Hotels in the big cities to “very poor”. While traveling in China, even with an organized tour, the clients have to be ready for unexpected changes (e.g. due to natural disasters such as landslides or flooding) or other surprises.

FACE

You may have heard it before and for the experienced China traveler it's a “must know”: In China, everything is about “giving and losing face”. Chinese people are very proud of their culture, food and traditions. Respect this fact and try not to bring a Chinese into an embarrassing situation, as he or she might lose his face in front of coworkers, friends, family members or even the authorities. Try to be polite, smile and - especially to English speaking Chinese - always praise their language skills. Chinese can be considered as reactive people. If you treat Chinese people in an arrogant and harsh way, you will be treated the same way. When you feel cheated, try to solve the situation in a gentle and charming way. You will achieve your goal much faster. Also try to react calmly in stress situations and stay friendly. For every problem in China there is a solution. It's up to you how effective you will get to this solution. Being angry and aggressive is counter productive in most cases.

SECURITY

The large cities in China are safe. Chinese people have to fear heavier punishment when being caught by the authorities in illegal matters when foreigners are involved. However, be aware that pick pocketing happens everywhere, so keep an eye on your belongings and never leave your luggage unattended. When going out at night, China's large cities are much safer than practically almost all European cities.

HEALTH

It is also recommended to visit your house doctor before you go on a China trip and make all the necessary vaccinations. Your doctor will inform you what you will need.

When traveling in China and especially when eating a lot of local food, a supply of remedies for stomach problems is highly recommended. We will always take care of you to clean restaurants with high quality standards. However, your body will have to deal with a wide range of unknown food, spices and other ingredients in China and also with different bacteria and viruses than in Europe's clean environment. If you will be on a 3 week China trip, you may have to reckon with stomach problems at least once. To cure them it is recommended to take pharmaceuticals, which are rich in salt and minerals and give you back the elements you will lose during a diarrhea. From our longtime China experience, one of the best remedies is to eat well-boiled Chinese mushrooms and bananas as well as to drink tomato juice. On many of our private trips, this helped much better than the Western medication like e.g. Imodium. **Always take toilet paper with you, as you won't find any in most of the public toilets!** Travelers going to high altitude areas such as Tibet are also recommended to take a supply of Diamox in case of altitude sickness and get advice from you doctor before such trip.

CLIMATE

China has several different climatic zones. From high-altitude to sub-tropic and desert climate, there is everything. Depending on your date of arrival in China, you might be traveling in the rainy season. E.g. in southern China, this time mostly starts late May / early June and lasts until August.

LUGGAGE

Most airlines allow you to check-in 20 kg of luggage (economy class). It is not allowed to take nutrition products (cheese, meat) as well as pornographic material. Please ensure that your “Swiss army knife” and other “dangerous products” are checked in with your luggage and not in the hand luggage. China offers you a wide range of shopping possibilities. So if you plan to go for extensive shopping, take a minimum of luggage to China. However, whenever you forgot something, don’t worry, more or less everything you need in daily life, can be bought much cheaper in China (see chapter below). Be aware that many customs authorities like the ones in Paris and Milan can fine you heavily when finding out that you try to import faked products from China such as Yves St Laurent bags, Gucci items or Prada clothes.

SHOPPING

Except for imported luxury goods and high-end electrical equipment such as beamers or imported laptops, more or less everything is cheaper in China than in Western Europe. Especially clothes can be bought at very low rates. Many shopping areas offer faked products (sometimes in extremely good quality) at very low prices. However, in many places where no prices are indicated you have to bargain about the price (see chapter below). Please note that when buying a faked product, especially at the airport in Paris, you can get into trouble. The fight against faked products is now at a point, that authorities can or will take away your purchase and will heavily fine you. For the golf lovers, there is a wide range of possibilities to buy whole golf sets at ridiculously low prices. You can also tailor you your own suits, buy ties, silk products, pearls etc. at very low rates. For most Europeans, DVD’s are of special interest. For a DVD you pay between 8 and 10 RMB (about 1 EURO) and the movies mostly are available even before they are shown in European cinemas. The advantage is also that DVD’s take away only little space and weight. But be aware that in many cases you are buying illegally copied and distributed products. Credit cards are only accepted in major stores, 3* Hotels and upwards and Western restaurants. Money can be withdrawn at ATM’s at the Bank of China. Please note that these are hard to find in remote areas. Money can be changed at major branches of the Bank of China or in western hotels. Please note that you need a passport for money exchanges.

BARGAINING

As mentioned in the “shopping” chapter, in many places you have to bargain for your price. Western tourists are mostly looked at as “big dollar signs” and accordingly most rates will be set 400 – 500% above the price the vendor is ready to sell his or her merchandise. The fist rule is to go accordingly below the first offered price. So when the vendor asks for 100 RMB, you can set your offer to 20-25 RMB. Then it depends on your bargaining skills at what price you will get it. A simple trick is, when it seems too expensive for you, to walk away from the vendor. If he or she doesn’t follow you, you know that your bid was too low. Please also note, always stay friendly and smile when bargaining. Once you agreed for a price, you have to buy the product. Otherwise you and the vendor will lose face.

LANGUAGE AND BEHAVIOR

Even in the big cities like Beijing and Shanghai, it is most unlikely that you find English speaking taxi drivers or personnel in the shops. Therefore it is recommended to take a phrase book with you, where you can point to the Chinese person in case you need something. Chinese people are mostly friendly and curious towards foreigners. However, Chinese are also very proud of their country and culture and some behavior will be strange for the travelers who come to China for the first time. In many places (even sometimes in public buses) people smoke a lot and for the non-smoker, China can be a challenging place. You also often see Chinese people spitting accompanied by strange noises. The best way to get around it is to ignore it and live with it. For the smoker on the other hand China is a paradise, as it is more or less everywhere allowed to smoke and the cigarettes are dead cheap. Please also note that you might be invited to test your drinking skills. The easiest way to avoid it without losing face is to tell your hosts that due to liver problems you're not allowed to drink.

TIPPING

Although China is - especially away from the big cities - a very poor country, tipping only exists in the 5* surroundings of the big cities. In restaurants or taxis and hotels (except 5* Hotels) tipping is a "no-no". However, tour guides and drivers of organized tours should be tipped. Most guides and drivers are roughly paid with 10 Euro per day and rely on additional income. With Chinese tour groups (which often go shopping) the guides always get a commission in the shops, where they make most of their salary. As European groups usually do not visit as many shops as Chinese tourists, guides and drivers have to rely on tips. Generally a tip of RMB 30 per person per day is reasonable. When you are in a tour group it is recommended that the group collects the tips and hands it to the guides and drivers in an envelope.

SMALL TALK AND CONVERSATION

Small talk in China is a bit different than in Europe, but there are also topics which should be avoided and topics which are perfect for small talk. One of the most common greetings in China is "Ni chi fan le ma?" which literally means "Have you eaten yet?" This emphasizes the importance of eating in China, and it is much more a social event than in the West. So when doing small talk, food is always a welcomed topic.

In some cases you also might be confronted with rather private questions such as about your marital status and about family. The Chinese are very family oriented, so don't feel embarrassed when people ask you rather private questions, it's just small talk. Sometimes, especially in business surroundings, people also might ask you about your salary, which is quite normal in China. Here you can escape (if you don't want to tell the truth) by telling some fictional figure, or when telling the truth and your counterpart's eyebrows rise, you explain how expensive the life in Europe is.

Topics which should be avoided at all costs are all political related such as the Cultural Revolution, critics against the system or chairman Mao, the Tibet and Taiwan question, human rights or how to treat animals. If you want to have answers to these questions you might do it through your guide, but definitely check it out before. Don't overload your guide with too many hard questions in the beginning. Tactically it is wise to hide these questions in some compliments and be as subtle as possible (see also the chapter about "face"). Please note that the young Chinese (below 30) are rather open to discuss critical topics than people above 30. Please also note that Chinese people tend to touch you, which is not a sign of homosexuality but just a sign of sympathy. In such a situation, when you feel uncomfortable, don't react in a rude or harsh way; just try to escape the contact by elegant means. Mostly a heavy coughing attack does the trick (SARS is still in Chinese people's mind).

TRAFFIC AND TAXI

The public transport system in China is basically quite convenient. Every major city has an airport; there are many train routes (even though there is mostly only one train per day between two destinations) and public buses. Public buses are very cheap although the comfort is sometimes a bit poor. In the cities, the most convenient public transport is the taxi. With, compared to Europe, very low rates you can basically take a taxi anytime and everywhere. Be careful that on the major tourist sites there are also drivers trying to make extra money. When a taxi has no taximeter (make sure that the driver in taxis with meter always puts it on), negotiate the rate before you enter the taxi. However, some drivers will still try to make you pay an extra fee at the end. Just tell him that you pay the negotiated price, nothing more, and nothing less. Please also note that most drivers don't speak English. So take always a bilingual map, a taxi card or a guidebook with you. Tell the reception in the hotel to write down the addresses for you so you can show it to the driver. Please note that highway fares have to be paid by the customer and not the driver (in Beijing the fee is 10 Yuan). This fee will be added to the amount shown on the taximeter.

USEFUL THINGS TO TAKE ON A CHINA COUNTRYSIDE TRIP

Several Swiss army knives, a compass, pharmaceuticals (see health chapter), a first-aid kit, tape, watches (not too expensive), money clip, camera (films can be bought and developed on spot for a very reasonable price), deodorant (rarely available in China), sunglasses, altimeter (for Tibet and Himalaya tours), GPS, safety belt for money, literature, guidebooks, credit-/bank card and a lot of patience.

VI. CONTACT INFORMATION

For Event Booking and Travel Arrangement:

Rtn. Christoph Mueller

Email: skibeijing@gmail.com

For Sponsorship inquiries:

Rtn. Chris Verrill

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Rotary Club of Beijing

Ms. Li Xiaohui

Office Manager

Tel: 86-10-6581 3668

Email: lxh@rotaryclub-beijing.org

Website: www.rotaryclub-beijing.org

For any inquiries concerning the Shanghai Program:

Rotary Club of Shanghai

Lee Wah Hin

President

Email: drwhlee@gmail.com

China Club, Beijing

Tel: 86-10-6603 8855

Address: No.51 Xi Rong xian Lane, Xi Dan, Beijing

Hilton Hotel, Beijing

Tel: 86-10-5865 5115

Address: 1 Dong Fang, North Dong Sanhuan Road, Beijing 100027

Website: www.beijing.hilton.com

Kempinski Hotel, Beijing

Tel: 86-10-6465 3388

Address: No.50 Liangmaqiao Road, Chaoyang District, Beijing 100016

Website: www.kempinski-beijing.com